



Resident Highlights

One of our male residents purchased a new bike. In the afternoons Recreation invites all residents to come out and walk or ride their bikes to enjoy the fresh air and exercise.

Linda and Jane enjoy each other's company along with their mutual love of tea at a quaint little house turned into The Tea House located in Crystal River. True southern ladies!

On the road to recovery.....



March; Denise, John, Sandra, Tim W.
April; Scott, Wendy

NHV's activities, resident homes and learning center all contribute to our NHV mission: *giving loving care and protection to the lives entrusted to us while guiding them to become creative, self-sufficient and independent.* Our NHV programs are regularly revised or expanded to ensure our residents receive care that promotes growth of the whole person. If you have thoughts or wishes about special goals for your loved one, please contact Donna Salak, QIDP at donnas@newhorizonsvillage.us or Toni Gregson, Social Services Director at toni@newhorizonsvillage.us

INSIDE THIS ISSUE

1	Resident Highlight/December & January EOM's
2-3	News from home
3-4	Social Activities/Recreation & Special Olympics
4-5	ATF - Learning & Growing
6	Staff Happenings
7	Upcoming Events/Notes-Editor

SUPER STARS

DECEMBER, 2017

CINDY LOBEN - RECREATION ACTIVITIES



"Cindy has been an asset to the recreation department. Cindy has a fun disposition and always has a smile on her face. Cindy will go above and beyond when it comes to activities for the clients."

"When the dance would not be held Friday night due to the Café decorations for the family luncheon, Cindy volunteered to go from house to house playing music and doing a "mini-dance" on each home."

"Cindy helps wherever she is needed and it is appreciated."

JANUARY, 2018

KAREN REGISTER - HOUSEKEEPER/HTI



"Karen does an outstanding job in keeping Cottage 3 clean and fresh. She works hard keeping the residents happy. The residents respond well with her."

"Karen keeps Cottage 3 sparkling and takes excellent care of the 8 residents on her house. She goes above expectations in her job."

"Karen is a very hard worker. Always making sure the snack and extra needs from the kitchen are put on the house. She keeps a very well house and always busy doing something. She works with the clients very well. She keeps them under control as much as possible. Always clean and as neat as possible."



News From Home



Happy New Year from Cottage One

Adam goes to a Home Depot outing with other residents the 1st of the month. Church returned January 11th. All residents are relaxing after all holiday festivities. The residents enjoyed the Super Bowl Party the 4th and Zumba returned on February 5th. Jane went to The Tea House. Friday night Valentine's Day Dance on the 9th, the residents had a blast. Jane got to celebrate her birthday on the 14th; she loved opening all her new gifts. The residents also got to celebrate Valentine's Day.

Busy on Cottage Two

In January we had been on a dinner outing and an elderly couple came up to my staff and I and told us how nice it was to see us helping our residents out and thanked us! Our residents on the house have still been headed over to Sandy's in Crystal River for haircuts and they love it! Sandy and her daughter are the barbers there with Sandy's dog which the guys love to pet and love on. I have consistently been happy with the outcome from her establishment and they both treat our residents with love and respect! February was quite the busy month. John, Amy and Jennifer all had birthdays! Jennifer had a fun party with her housemates and her Dad came by too. Jennifer loaded up on some of her favorites; watches, headphones and radios! John also had a fun birthday party with housemates and his mom and dad too. His parents brought by a special cake to help us celebrate! John got a lot of his favorite things too; a new DVD player, DVDs and some cool Teenage Mutant Ninja Turtle t-shirts! Amy also celebrated her birthday in February with a fun party with housemates and she got a lot of new clothing and a new flip box (tackle box) which she likes playing with.

Greetings from Cottage Three

In January our wonderful residents enjoyed a trip to Applebee's for their dinner outing. Our new UC, Krista was able to attend! At dessert from Publix the residents enjoyed some yummy cookies and hot chocolate. February, the month of love was packed with goodies. The residents enjoyed their annual Valentine's Day Dance with staff and friends. The residents enjoyed breakfast for a dinner outing at Huddle House. They satisfied their sweet tooth with chilly Frosty's from Wendy's!

Hello from Cottage Four

In January we went out and enjoyed dinner at Angelo's. The residents really loved that. For dessert we went out to Baskin Robbins in Crystal River for some fantastic ice cream and donuts. Then February rolled around as we celebrated Maria's birthday. She had a blast at her party on the house. Maria really had a good time and was happy. A couple weeks later we had dinner at Huddle House. Having breakfast for dinner was pretty cool and our house was fond of that. We also went to the Ice Cream Doctor in Inverness for dessert. You can never get tired of such a good place. All in all the past couple of months for our house were great and we are looking forward to see what the next couple of months bring.

[Good to see you again from Cottage Five](#)

Our New Years was off the chain when it came to the party our residents threw at the cafe with noise makers and all. All the guys were relieved to know the craziest of the holidays were now done for another year. All but Valentine's Day of course, our pal Mickey was all so very eager and happy to be a part of the Valentines festivities. What we also came to love though, especially about this time of year is the weather. We have had a fair share of "weather permitting" picnics where we were able to enjoy the fresh air out front of the house and relax to the sunset. Eric has been sitting out front more just because he enjoys it, as do many of the others which is great. While on the topic just this past week, Fort Island Trail Beach, the sunset was so beautiful and surreal while we enjoyed our nutritious wraps from The Village on our picnic. Now we are looking forward to St. Patty's Day and we will talk more next month. Thanks for reading!

[Thankful on Cottage Six](#)

January was our resting month after all the holiday events in the month before. We were able to get back on track for our outings and just sit back and relax for a change. We had dances on Friday nights that were wonderful. Everyone fought off this cold that was affecting the whole county and then some.

February was filled with nonstop fun. **We were able to help celebrate Linda's 53rd birthday. We then had a very nice formal Valentine's Day dance.** We then celebrated Super Bowl with a Super Bowl party. Great food by the way! **Gail, Linda, Wendy and Cassie all showed off for the FFRA talent show doing Up Town Funk by Bruno Marrs.** We would love to welcome Kevin back to the house for full time, second shift. We are welcoming all the changes that are on the way. We are positive and strong. We are working on our big plans for March and April.

[Social Activity Department Highlights](#)

by Duane

We are still continuing with our vision to support our residents with the best resources we can provide for them. We are now taking 6 residents a month to horse therapy. We are working with 16 residents on a One-on-One activity on a daily bases. These activities include; music, water, reading, exercise and water painting therapy. We have been taking small groups, 2 residents to Hunter Springs Park for picnics. We are taking 2 residents to see a movie once a month. Most of the residents love to bowl so we started taking 2 residents once a month to Manatee Lanes as well. We now have 3 library clubs that meet twice a month after dinner every other Tuesday. We took 6 residents to the V.F.W in Bushnell for a Valentines dance. All of the residents came home with a door prize! January and February were very busy. We are looking forward to March and April and continue to strive to make the residents life's the best we can make them. We are continuing to explore activities for each of the residents' individual needs!!

Horse Therapy



Picnic at Hunter Springs



Social Activity Department Highlights (cont'd.)

by Jennelle

One Saturday afternoon every month from 1:00 p.m. – 2:30 p.m. the Recreation activity has been Craft Time. All the residents love finding out the new crafts for them to create. There are three different crafts to choose from or they can do all of them. March 3rd was St. Patrick's Day crafts.

Recreation and Special Olympics

By MaryLouise

We have had a great beginning to the New Year. Special Olympics Basketball season has ended and our Summer Sports Program began. We have many cyclists, soccer players, tennis players and track and field athletes. Stacy has joined us for cycling and Eric is exceling at the 25 Meter Assisted Walk using a hemi front wheeled walker. We had quite a few really cold days but none so far that we had to cancel practice, which is every Saturday from 9:00 a.m. – 10:30 a.m. at the Citrus High School. Special Olympics County Games will be March 3rd at Citrus High School in Inverness. Area 6 Special Olympics Summer Games will be at Lakewood High School in St. Petersburg on March 10th with cycling at the Wesley Chapel High School on March 15th. Our Valentine's Dance was a huge success. Our Special Olympic Athletes and our FFRA friends came so the turnout was great! Dietary pulled out all the stops on delicious treats for the dance. Friends And Family Reaching for Abilities (FFRA) started a new program called Ladies Night Out. Our first excursion was to Angelotti's. Mothers and daughters and friends all shared a very pleasant evening filled with lots of laughter. Our very own Toni G. also went with us. Our FFRA Art Gala workshop has begun and will be the 2nd Saturday of each month until the Art Show in June. Unity Church in Lecanto was where we had the workshop. Dean participated and painted a lake with mountains under the moonlight. The cold weather is becoming a memory as we all look forward to spring. Hope to have pool open by Easter and in great shape for SpringFest in April. See ya'll then!

Learning and Growing at the ATF

Fun in Classroom 1

January was the beginning of a new and awesome year. We began learning about the winter season, Martin Luther King, Jr. and all the amazing national parks we have here in the United States. February we began going on picnics with our staff and peers to some of the great parks we have in Citrus County. We really enjoyed our Valentine's Day Dance and the Super Bowl Party. We cannot wait to see what fun activities are coming up soon.

Embracing the New Year in Classroom 2

January found our class embracing not only a New Year but learning more about national parks around the country and Martin Luther King, Jr. Every week's lesson ended with our purple circle to remind ourselves about personal space. February's lesson followed the Winter Olympics as well as Valentine's Day with its traditions and ending the month learning about the four seasons. Our class also celebrated Jennifer's birthday and went on a picnic to Whispering Pines Park. As the month was ending and a new season is upon us in spring, our class wishes everyone a continued wonderful New Year in learning and growing.

Learning in Classroom 3

Our lessons on national parks and Martin Luther King, Jr. were enthusiastically followed by our class. Finding out more about national parks around the country and the start of the Civil Rights movement provided moments to learn and grow. February found our class learning more about the Winter Olympics, Valentine's Day traditions and the four seasons. The lessons provided more opportunities for us to know more on these subjects and learn more about Olympic sports. February also allowed us to celebrate Ms. Jane's birthday on the 14th and on the last day of the month the class went to Kings Bay for a picnic. As February came to a close our class looked forward to another season of growing and learning.

New Year new name for Classroom 4

Workshop is now Classroom 4. Everyone was happy for the beginning of the New Year. In the month of January we studied winter fun, Dr. Martin Luther King, Jr., national parks and ended with The Very Hungry Caterpillar. We celebrated a birthday with Eric. February brought us Valentine's celebrations and a fun trip to the Homosassa Wildlife Park. We studied the Winter Olympics, Valentine's Day and the four seasons. We had a great Valentine's luncheon. We celebrated Linda's birthday. We are looking forward to March. There is a trip planned for Weeki Wachee. Everyone cannot wait for St. Patrick's celebrations.

Hello from Classroom 5

We started the New Year off by learning about winter foods like beets and potatoes, macaroni and cheese and soup. Almost everyone in our class likes tomato soup the best. The following week we talked about Martin Luther King, Jr. and how he promoted equality between all races. We listened to his famous "I have a dream" speech and we talked about what our dreams are. Toward the end of the month we talked about national parks like the Florida Everglades, The Hawaii Volcano National Park and the Grand Canyon. Did you know that the Florida Everglades is the only place where the American Alligator and Crocodile live together? For the last week of January we listened to "The Very Hungry Caterpillar" and learned about good vs. bad nutrition as well as the life cycle of a butterfly. We learned that eating a rainbow of fruits and vegetables gives us the vitamins we need to stay healthy and that we should only eat ice cream and other types of junk food sometimes, like when we go out to eat or on special occasions.

For the first and third week of February we learned about the Olympics. We started off learning about the origins of the Olympics in the ancient and modern world. Did you know women were not allowed to participate in the ancient Olympic Games? We also learned about Pyeongchang and South Korea where the Winter Olympics were held this year. We learned about the most common Winter Olympic sports like the luge, figure skating and snowboarding. Tim said he watched most of the Winter Olympics on TV and talked about them even when we were not doing the lesson. He is looking forward to the Paralympics that will be on in March. The week of Valentine's Day we learned about how the day is celebrated. Everyone seemed excited about the special dance they went to for Valentine's Day. At the end of the month, we learned about the four seasons and made flowers for the display board in the main area of the ATF.

Enjoying life at the Retirement Cottage

January was eventful. We enjoyed bringing in the New Year. After the weather warmed up we went sightseeing to the bird sanctuary. February was unusually warm. We were able to have several picnics on the carport. We also were able to take a trip to the beach. We wish everyone a safe and Happy New Year.

Staff Happenings

MOVIN' ON UP! –

JANUARY, 2018

KRISTA SNYDER – HTI TO UNIT COORDINATOR, COTTAGE 3
JOSHUA MARSAC – TI TO UNIT COORDINATOR, COTTAGE 4

HAPPY ANNIVERSARY! –

DECEMBER, 2017

MELANIE SPENCER – BEHAVIORAL ASSISTANT, 9 YEARS
NICOLE HENSLEY – TI, 7 YEARS
RHONDA TRAYNOR – UC, COTTAGE 6, 5 YEARS
DEBRA BODYTKO – HTI, 3 YEARS
MARKETTA SUTTON – LPN, 2 YEARS
IRISH PROULX – HTI, 2 YEARS

JANUARY, 2018

WAYNE MCDANIEL - MAINTENANCE TECHNICIAN, 5 YEARS
JOHN CAVALIERE – HTI, 5 YEARS
JACQUELINE DOHMEN – HR/RISK, 4 YEARS

WELCOME TO THE TEAM! –

DECEMBER, 2017

ANGELA NARACON – HTI

JANUARY, 2018

LOLETHA TERRELL – HOUSEKEEPER/HTI
JAMES WEBER - TI

Upcoming Events:

Special Olympics Area 6

Summer Game Competition

Place: Lakewood High School

March 10, 2018

Time: 7:30 p.m. – 5:30 p.m.

St. Patrick's Dance

Place: NHV - Cafe

March 16, 2018

Time: 6:00 a.m. – 7:00 p.m.

Special Olympics Cycling

Place: Wesley Chapel H.S.

30651 Wells Road

March 15, 2018

Time: 8:00 a.m. – 2:00 p.m.

St. Patrick's Day

Luncheon

Place: NHV - Cafe

March 17, 2018

Time: 12:00 p.m. – 1:00 p.m.

Special Olympics Golf

Tournament

Place: Black Diamond Golf & CC

March 19, 2018

Time: 7:30 a.m. – 3:30 p.m.

Good Friday Craft, Egg

Dying & Fish Fry

Place: NHV – ATF

March 30, 2018

Time: 10:30 a.m. – 2:00 p.m.

Picnic, Pool & Easter Egg

Hunt

Place: NHV Pavilion

March 31, 2018

Time: 12:00 p.m. – 3:00 p.m.

Easter

Place: Seven Rivers Church

April 1, 2018

Time: 10:20 a.m. – 12:00 p.m.

Lunch on the Houses

Pool opens at 1:00 p.m.

SpringFest

Place: NHV – Center Circle

April 28, 2018

Time: 11:30 a.m. – 2:30 p.m.

Special Olympics Torch Run

Place: TBA

April 30, 2018

Time: 7:30 a.m. – 12:30 p.m.

Cinco de Mayo

Place: NHV – Café

May 5, 2018

Time: 10:30 a.m. – 1:00 p.m.



NOTES FROM THE EDITORS



****Please check out our website for updates at www.newhorizonsvillage.us**

If you would like to receive the New Horizons Village News by E-mail, or if you would like it sent to someone else, please send your request via e-mail to kim@newhorizonsvillage.us.

We invite you to visit the New Horizons Village ATF Learning Center to see the difference it is making. Please call Toni Gregson at 352-746-3262 ext. 201 or e-mail her at toni@newhorizonsvillage.us so we can be prepared for your visit.